



How to Support younger people with a disability at risk of entering aged care

**Are you under 65?
Do you need help with care and support?
Do you have high or complex support needs?
Thinking about where and how you'll live?**

It can be hard to choose where you live if you have a disability.

It is sometimes even harder if you are a younger person with complex health needs.

If you are a young Australian with high or complex needs, you should have choices about where you live and how you will be supported.

You might need help and advice if you:

- Are being discharged from hospital or a transitional care program and don't have suitable accommodation or support
- If you have more than one disability and are not sure how to navigate the system
- Don't have information about funding, support, aids and equipment
- Are unsure if your current funding is right for you
- Find that your accommodation or support is not meeting your needs
- Are living in isolation with little communication or access to your community, family or friends
- Are acting as a carer without any support or 'someone to talk to'.*

When you are making decisions about where you will live and how you will be supported, it is helpful to find about the following:

- The National Disability Insurance Scheme
- Supported Disability Accommodation (SDA)
- Disability Advocacy Services
- Young People In Nursing Homes Alliance

There is information over the next page about these four topics.

What is the National Disability Insurance Scheme (NDIS)?

In WA, we have a new disability scheme called the NDIS.

The scheme gives disabled people funding so that they can live a good life. Eligible people in WA make a plan about what they want their lives to look like.

Where can I find out more?

www.ndis.gov.au
www.disabilityloop.org.au/

What is Supported Disability Accommodation (SDA)?

SDA is housing that helps people with very high needs get the support they need.

SDA is only for those people who need a specialist housing solution.

If you are assessed as needing funding in your NDIS plan to find a home, the NDIS will help you. Where can I find out more?

[www.ndis.gov.au/
specialist-disability-accommodation](http://www.ndis.gov.au/specialist-disability-accommodation)

What are Disability Advocacy Services?

Disability Advocacy Services are services that help disabled people speak out, express their views and uphold their rights. They are free and available to any person who has a disability.

Where can I find out more?

Funded Individualised Advocacy Agencies:

www.pwdwa.org/
<http://www.dana.org.au/wa/>

Young People in Nursing Home Alliance

The Young People in Nursing Home Alliance is a national group which helps young people get support to live where and how they choose to live.

There are resources and contacts on their website.

Where can I find out more?

www.ypinh.org.au

Resources

Here are some helpful resources from the Summer Foundation.
Tools to help work out if you are eligible for Specialist Disability Accommodation Funding - www.tinyurl.com/rocsda

Information sheet about aged care and the NDIS and how to get support through the NDIS while living in aged care facilities - www.tinyurl.com/rocagedcare



Sample plans for people who are at risk of entering aged care - www.tinyurl.com/rocsample

People With disabilities WA on 08 9485 8900